# The Clinton Post

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Instagram: @Clinton\_Post

# **MUN Is FUN!**



#### BY: SAREENA PERNAMBUCO

Model United Nations, or more commonly known as "MUN", is one of Clinton's most well-known clubs. It is a popular extracurricular activity in which students roleplay delegates to the United Nations, simulate United Nations committees, and learn about diplomacy, international relations, current world issues, and the UN itself. Recently, the club ventured off to the Global Citizens Model UN conference, held at the Sheraton New York Times Square Hotel Business Center, on March 7th to March 9th, 2024. GCMUN offers realistic committee simulations, and meaningful discussions. The conference focuses on developing skills like public speaking, teamwork, and leadership to prepare students for a changing society.

Tenzin Chime, grade 11, a Power Delegate with 20 Gavels (give or take a few), remarked that "Clinton MUN made its way to GC MUN and absolutely dominated by winning best medium delegation with almost everyone winning an award." Clinton's Model UN delegates have truly made Clinton proud. Chime also reflected on her first experience at GCMUN, saying that "My first time being at GCMUN was a really great experience especially with all my fellow delegates who were all ready to take over GC! Not only did we dominate as delegates, we showed the Italians how Clintonians get it down!" Aside from thoroughly dominating the competition, members of the club also cultivated new connections

Model UN at the Global Citizens Model UN conference Photo Credit: @clintonmun // Clinton Post Staff

with fellow MUN delegates! Nicholas Belida, grade 11, a power delegate with 4 awards and two gavels, claimed that "it was overall fun and I made some good friends."

Other MUN members who were present at GCMUN discussed their involvement with the conference, having mostly positive reactions! Anna Loof, grade 11, the president of Clinton MUN, who helped organize Clinton's first conference and has won multiple awards, stated that "GCMUN was an AMAZING experience! All of the members in the club put themselves out of their comfort zones and made some really spectacular and engaging speeches. The three day conference was long and tiring, but in the end it was so fun to work with international students to collaborate and create global solutions!" Fostering growth and

teamwork is a key part of Model UN, and GCMUN seems to have helped out with that a lot! But as I said before, the reactions to the experience of GCMUN were mostly positive. The conference features a delegate dance, which is pretty self-explanatory: all the delegates from different schools take part in a dance together. One student, who asked to remain anonymous, expressed that "the delegate dance stunk really bad", and expanded on this, explaining that it did not stink in the way of lameness, but in the sense that the odor of the delegate dance was a noxious one. Nevertheless, GCMUN was a great success in terms of awards for our Model UN Clintonians, and most importantly, they had a great time!

# **Primary Elections: The Importance** of Being an Informed Voter

NEWS

**BY: ABIGAIL CHEN** 

The Presidential election, an important election that determines the president of the United States, occurs in November every year. The fast approaching primaries will be occurring on April 2nd this year, where registered voters in New York will get to vote within their party in a closed election for the party's presidential candidate.

For some seniors at Clinton, this will be one of the first elections they will be able to vote in, and most will get to vote for the first time at the presidential elections this november!

Voting in elections is a crucial part of our duties as a citizen, and it is crucial to our democracy and our country. As many have or will learn in Government and Economics class with Ms. Levy, a democratic government relies on the voices of its citizens. When significant

numbers of people or certain demographics vote less, that means our country won't properly represent the needs and desires of our country. This in turn hinders the functionality of our democracy and limits its ability to fulfill its purpose.

In order to vote in this year's primary elections registered voters will need to select a political party, in order to vote. The deadline to change political parties for the presidential primaries was February 14th, 2024. The primaries in New York are a closed election, therefore only voters in a specific party can vote. Independents unfortunately won't be able to vote in the primaries yet. The primary election is predicted to nominate President Biden and previous president Donald Trump as the Democratic and Republican nominees.

People can vote in person on April 2nd, 2024, vote early in person, or send

in a mail or absentee ballot if they qualify. People can apply for mail ballots 10 days before the elections, and the ballots must be received by April 9th. Early voting will occur from Saturday March 23rd, to Saturday March 30th.

This year the primary ballot candidates in New York are set to be Donald Trump, Vivek Ramaswamy, Chris Christie, and Nikki Haley for the Republican nominees, and Joe Biden, Dean Phillips, and Marianne Williamson for the Democratic party.

As highschoolers in Clinton prepare to vote and have a bigger voice in the government, it's important for us to understand our role and duty to vote. Even in the Clinton setting, voting for the student body and being informed voters is crucial for making sure our voice and concerns are heard. In school elections and presidential elections, making sure we are educated voters is

important. You can't make decisions without making sure you understand a candidate's platform.

On a national scale, understanding a candidate's platform is evidently more difficult and important, but understanding what a candidate stands for is important when making a decision that will have true impact. For highschoolers reading this article, make sure you prepare yourself to become knowledgeable and understand candidates' platforms in this upcoming or the 2028 election!

Each year, the president reports on the gress. The first president of the United States, George Washington, set the precedent of delivering the State son to Congress rather than ery president since Woodrow Wilson, with the ex-Harry Truman being the State of the Union address, plans for the next year. The State of the United States citizen. This is a reminder to all students, to watch the State of the Union address, as they can learn about the political

State of the Union to Conof the Union address in perthrough written form. Evception of Herbert Hoover has delivered the State of the Union as a speech, with first to broadcast it. In the the president reflects on accomplishments in the last year and introduces their Union only happens once a year, and is a privilege as a state of our nation.

This year, the State of the Union address was more than just a recap and plan for the next year, but Biden also took it as a chance to convince voters that he is capable at age 81 and should serve a second term.

In his address he criticized his predecessor, Donald Trump, without using his name. Biden brought up the January 6th insurrection, when a mob of Trump supporters stormed the U.S. Capital Building after his loss in the 2020 election, and argued that democracy is being threatened. He said, "The insurrectionists

### The State of the Union and **Republican Rebuttal Turned SNL Skit**

#### BY: EMMA CHEN



Photo Credit: NBC's Saturday Night Live// The Clinton **Post Staff** 

Scarlett Johansson plays Katie Britt in hilarious SNL skit reacting to the Republican Reubttal of the State of the Union.

were not patriots. My predecessor — and some of you here — seek to bury the truth about January 6. I will not do that."

During his speech, Biden also criticized the overturning of Roe v. Wade, saying, "If Americans send me a Congress that supports the right to choose, I promise you: I will restore Roe v. Wade as the law of the land again." However, Biden did not use the word "abortion" anywhere in his speech, suggesting it is a taboo topic.

Biden also lightly addressed the topic of his old age of 81. He made an effort to argue that his ideas are modern and current, and that "you can't lead America with ancient ideas that only take us back."

In addition to the State of the Union address, each year there is a rebuttal of the State of the Union. This year, it was delivered by Republican, and Junior Senator Katie Britt.

In her speech, Britt spoke as a proud mother and wife, sitting in her kitchen, calling Biden a "dithering and diminished leader", also claiming

"what we saw was the performance of a permanent politician, who has actually been in office for longer than I've been alive". She had a passionate glare and slight smirk, as she claimed Biden's policies are not protective of the "American family", and urgently spoke of the American decline. She also highlighted immigration policy, bashing Biden's more lenient border policy.

Britt's speech was undeniably dramatic, and slightly frightening as Britt looked into viewers eyes intensely with an occasional smile. In response, Saturday Night Live casted Scarlett Johansson for the opening sketch to portray Britt, with her character hilariously saying "I'll be auditioning for the part of scary mom, and I'll be performing an original monologue called 'this country is hell." SNL also played fun on Britt's claim that Biden's speech was "the performance of a permanent politician", as Johanssan dramatically said: "But me? I'm not performing. I'm not! I'm not!" while throwing her hand to her

forehead.

In her monologue, Johansson made dramatic facial expressions and tone, and played fun at the kitchen background Britt sat in front of, saying "I'm worried about the future of our children, and this is why I've invited you into this strange empty kitchen. Because Republicans want me to appeal to women voters... And women love kitchen!" She also comically said, "Kitchens are where families have the hard conversations, like the one we'll have tomorrow about how Mommy freaked out the entire country."

The monologue also highlighted one of the main concerns about Britt's speech, where she tells a story of a woman who was raped and sex traffiked by cartels to convince people of the dangers of Biden's border policy. However, reports arised showing that this probably did not happen within Biden's term or in the United States. Johansson said, "And like any mom, I'm going to do a pivot out of nowhere into a shockingly violent story about sex trafficking. And rest assured, every detail about it is real, except the year, where it took place and who was president when it happened."

This year's State of the Union address and rebuttal were definitely eventful, and won't be forgotten. If you have not already, take the time to watch the State of the Union address and Republican Rebuttal, and after, watch the SNL sketches surrounding both for a good laugh.

### **Clinton Community Circles**

**BY: CHIARA MOINE** 

What seemed like a helpful agenda to Clinton to inspire change and a sense of community for students turned into just the opposite. The community circles have acquired quite a reputation within the student body in a multitude of ways.

Clinton community circles were first introduced to the schoo in the beginning of the 2022 school year and at first, many students were open to them, and not just because it meant missing a period of the school day. It is thought that there are quite a few issues that students are eager to attempt to change and these circles were the first step in doing so. The only issue is that the circles are received very poorly by students

across the grades. One of the problems is that the circles are meant to be a safe space for students to share, but many still do not feel comfortable sharing their thoughts regarding sensitive topics in such a large group. Students may feel judged or as if their words will be repeated outside the circle. A few of the past community circle topics that have been discussed are drug and alcohol abuse, healthy relationships, sexual assault, and bullying. These issues can understandably be hard to discuss for a lot of kids, especially for those who have been victims of them. There is certainly a lack of a sense of community and trust throughout the grades due to the inevitable clique culture. Another concern that students have expressed

is not actually feeling seen or heard by administrators when discussing solutions to the problems that are brought up. During the last community circle for the junior class, most students did not even know who to speak to in regards to sexual assault. There seems to be a divide between students and administrators and teachers from finding solutions. Both sides want to address problems that arise but there is a lack of understanding and communication that is detrimental to overall progress. A student who would like to stay anonymous says, "There is a clear want from students to address problems that students find within the Clinton community but past responses from administration discourage us because we fear nothing

will actually be solved."

It is clear that while the community circles were an attempt to provide a line of communication between students and administrators, the circles have not exactly worked the way they were intended to. Students still want change but a new method must be created where all students feel comfortable to share and advocate for change. Administrators and teachers must display a possibility for change rather than just empty promises. As for now, students across the grades are eager to fight for and create positive changes for the Clinton community so that all students are comfortable and safe when coming to school everyday.



For those of us who have ever wondered how an iconic portrait artist spends their vacation, the Gustav Klimt Landscapes exhibit at the Neue Galerie professes to have an answer: they keep on painting. Specifically, in the case of Klimt, an Austrian symbolist painter known for his ornate portraiture, they paint landscapes - a relaxing departure, perhaps, from the portraits commissioned by the Viennese elite by which he earned his bread and butter.

The Neue Galerie on 5th avenue New York, a stone's throw from The Met, is known for its extensive collection of Austro-German artwork. One of its biggest attractions is the iconic painting, "Woman in Gold" (Portrait of Adele Bloch-Bauer I) by Klimt, where his signature highly decorative style is clearly demonstrated.

his annual Sommeriday) in the Austrian

### **Senior Ski Send-off**

#### BY: TENZIN CHIME

This month our Clinton seniors took on the alps of New Jersey at Belaire Mountains and had a blast skiing for the whole day. This annual trip offered a much deserved break as well as an opportunity to make memories. As the last year of high school is

important to make new memories that can be cherished for years to come. Although the trip was filled with moments of joy and camaraderie, a few lowlights that were reported were about the overall iceness on the mountains resulting in injuries and making it harder for the beginner skiers.

coming to a close, it's Aside from this there seniors who have been were a lot of great memories made and a lot of opportunities for grade bonding specifically when everyone came together and took on the black diamond which created a sense of unity and shared accomplishment for our seniors. The senior ski trip also brought back memories for the

attending Clinton since middle school, creating a beautiful full circle moment. We hope you guys all had a blast and came home with amazing memories!

# We HE(ART) NYC: A Review of **Gustav Klimt's Landscapes**

### **BY: MAEVE** HANNERT

Klimt's landscapes, which he painted during frische (summer holcountryside purely for his own pleasure, may not be as iconic as "The Kiss" and "Woman in Gold", but nonetheless



Photo Credit: Maeve Hannert// The Clinton Post Staff Kammer Castle Attersee IV By Gustav Klimt

met with great success. What struck me about the series of bucolic landscapes on display was how identifiable they are as Klimt's work. Despite the literal change of scenery, each piece shows the same intricacy, harmony, and shimmering color as his better known masterpieces.

Perhaps the most interesting part of the exhibition for me was the integration of fashion, photography, and the decorative arts from the period, all of which clearly imprinted on Klimt's work in some way. The exhibition also looks at his relationship with his sister in law, Emilie Flöge, a noted fashion designer. There's an implication that Klimt and Flöge may

have been more than just a flight of stairs to the good friends; at any rate, this show confirms that he was certainly enamored of her style. Her influence of fashion on his signature portraits of women, and their ornamental attire, gilded and pigmented in mesmerizing geometric patterns is undeniable. Today, luxury fashion brands constantly capitalize on the cultural currency offered by artist collaborations. It was hard to miss Lou is Vuitton's recent partnership with Japanese artist Yayoi Kusama, for example. Kusama transformed classic LV luggage into her canvas, covering every handbag and travel tote with her trademark polka dots. In the case of Klimt, he was almost doing the reverse, incorporating

elements of contemporary fashion into his artwork. The inexplicable link between art and fashion has always existed, Klimt has just emphasized the bridging of these worlds through his brush strokes.

Just as he took inspiration from fashion design, Klimt was also preoccupied with photography, which informed his choice of square format for his landscape paintings. As beautiful as Klimt's landscapes may be, you only have to descend gallery's permanent collection where his real masterpieces like The Dancer (1922) reside. "There's nothing special about me," Klimt once said. "I am a painter who paints, day after day, from morning until night." The fact that museums today sell more color reproductions of Klimt's paintings (think prints, postcards, bookmarks, you name it) than those of any other artist would suggest that he is, in fact, very special indeed. Speaking of which, no trip to the Neue Galerie is complete without arguably its biggest work of art: NYC's best apple strudel made fresh downstairs at Cafe Sabarsky.

**SAT Tips and Tricks** 

struggle with until mas-

tery is one of the easiest

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5. Although it is an often underrated studying source, YouTube is your best friend. YouTube creators put out many amazing walkthrough videos, concept explanations, last-minute studying tricks, and more. Utilizing all the resources you have access to is so important in upping your score whether you are studying a month, week, or day before your SAT.

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The College Board administered Scholastic Aptitude Test (SAT) was taken by 1.9 million high school students in 2023. Of those 1.9 million, only about 300 people reached the coveted perfect score of 1600. The test is split up into two sections: math and reading and writing, both with a score range between 200-800. The tests' shift from paper to digital this year has significantly shortened the overall time and question count that the standardized test once imposed. However, this doesn't mean every student who takes it will get a perfect score, it simply means studying and learning the patterns to 'hack' the SAT has become slightly easier.

As students who have taken the paper SAT multiple times, both of us scoring within the 99th percentile or above, we want to share some of our best tips and tricks we learned when studying that will also translate onto the digital test.

Math: Though it largely depends on a student's individual skills, students tend to find the math section easier to improve on as the majority of the questions only



Photo Credit: REVOLUTION PREP// The Clinton Post

This year, the College Board switched to a digital version of the SAT which aims to shorten the test and make it less stressful for students.

require remembering important formulas and recognizing the college board's most common question tricks. As a student who went from a 530 math score to a 750 score following my PSAT with no tutor, here are the top five tricks I used in my studying and applied when I was taking the real test.

1. The biggest advice I would give for the digital SAT, especially since you now have a Desmos calculator available in all sections, is to check your answers constantly. There would be so many times when I would make minor errors with multiplying, dividing, adding, or subtracting that would throw off my whole answer. The test can be stressful, and when you're under a time crunch it's easy to make easy mistakes. In addition to using the Desmos calculator to do all your calculations, make sure to use your

calculator for any questions that have graphs, linear equations, quadratic equations, and more. The Desmos calculator has the ability to graph any functions in the blink of an eye, so make sure to take advantage of it!

2. The College Board tends to ask long questions with important information that a student will often skip or skim incredibly fast, causing students to miss the core of the question. I know it might be exhausting to read the whole question, but it's imperative that you understand what the question is asking for in the first place. To go above and beyond, you can underline keywords, facts, and information to get the ideas into your head.

3. The best way to get your score to go up is by drilling questions. Practicing the subjects that you tend to get wrong or

ways to boost your score on the real SAT. A lot of students don't want to do this because they simply hope that question type won't show up on their test, but you really shouldn't leave anything to chance. I did this by getting The College Panda SAT Math Staff Book. The book has tens of chapters on each specific question type with interactive lessons and tons of practice questions at the end of each chapter. This was basically the only studying I did in relation to the math section and I think it worked really well on getting all the ideas into my head.

> 4. Some students are under the impression that the formula booklet has all the formulas needed for the test. But they are gravely mistaken. Just off the top of my head, I can think of a few formulas that are not on the booklet but appear often in the test: the discriminant, vertex form, sum of products, and more. Knowing formulas not on the formula sheet is crucial to a good score on the test, so doing a simple good search and writing some of the most important formulas on a cheat sheet to remember is one of the best ways to remember them for test day.

#### ENTERTAINMENT

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**English:** The English section is arguably the more challenging of the two, as there is no clear road map to solving questions like there is in math. This section can often ask more "subjective" questions, that ask for the best answer out of a few logical ones. In the new digital SAT, students get 64 minutes to finish the two ELA sections. While this section used to be split between passages and grammar, it is now condensed into

1. A simple first step is one that doesn't involve SAT-related materials: reading. Reading books in one's day-to-day life lets one get accustomed to a variety of sentence structures and genres. Additionally, it could be a more enjoyable form of practicing for the test than doing practice ex-

tions, such as ones where one has to select a word to complete a sentence, I always find it helpful to read each sentence while imputing each answer choice in. Sometimes simply sounding out the different options (in your head of course), allows one to realize that certain choices just don't make any sense.

3. Trust your gut. With the ELA section, and questions that have multiple plausible answers, it is really easy to go back, check your answers, and wonder if another option is better. Having faith in your intuition is a better way to choose correct answers in general. However, this is not to say that if you sincerely believe (and have evidence) that another answer is better, you shouldn't choose it instead.

4. Like with math, the key is to practice as much as possible. You should always try to study daily, even if it's only for 15 minutes. Creating a schedule practice questions or any could be really helpful for this. And while you're at it, determine how you study best. Maybe practice passages However, on the topic are best for you. Maybe you want to try websites that could help you with specific concepts. Personally, I found Khan Academy great as it had a specialized SAT prep course. If you want to focus on grammar, you

could try websites like NoRedInk (though I know many people hate it because it is probably the most frustrating website you will ever use). As long as you find out what kind of studying works for you, you'll a student's life. We hope be ready for the SAT.

5. Slow down and take your time to think. There is a caveat with this, but you do actually get more time than you think. You receive 64 minutes for 54 questions on the digital SAT, which is over a minute per question. You have plenty of time if you choose to stop for a beat and ensure that you are choosing the right answer. However, it is important to be mindful of your time and recognize when you have the luxury of slowing down and when you need to pick up the pace.

The SAT is meant to be a challenging test that pushes students to their limits. If you struggle with it, there is nothing to be ashamed of. Since the pandemic, many universities have gone test-optional, though if you are aiming for the most selective universities a test score will likely be necessary. of college admissions, it is important to note that standardized tests aren't everything. One word you will hear a lot in college admissions is "holistic." In a student's application, there is a transcript, personal state-

ments, recommendation letters, extracurriculars, and then testing scores. There is more to an application, and more to a person, than a number that was produced from two and a half hours of that these tips help in some way shape or form. The SAT is a big step for all students, and everyone should be proud of accomplishing such a difficult feat. Good luck with your tests and happy studying!

### **Do You Celebrate Saint Patrick's Day?**

#### **BY: LIVI LASNER**

Millions of people celebrate Saint Patrick's Day each year, but do you know the history behind it?

Saint Patrick's Day is celebrated on March 17th each year. It's considered the feast day of Saint Patrick, celebrating him, the Saint of Ireland.

Saint Patrick lived in Roman Britain, in the late 4th century. He was kidnapped at 16 years old, and taken hostage as a slave and shipped to Ireland.

Thankfully, Saint Patrick escaped Ireland, although he returned in 432 CE. With his return, his goal was to convert the Irish to Chrisitanity.

Saint Patrick died on March 17th, 461, and throughout his life he had become a prominent Christian figure who created many churches, monasteries and schools.

After his death, many myths began to circulate about him, such as him being able to drive snakes out of Ireland. Another widespread myth about him is that he used a sham-

rock, (a three leaf clover which is a plant associated with Saint Patrick's day, to explain and symbolize the Trinity. The Trinity in Christianity are three people that came together to become a god. These people were the Father, the Son and the Holy Spirit.

As Irish immigrants came to the United States, they spread the Saint Patrick's Day tradition, and now, Saint Patrick's day is a holiday celebrated by many Americans who want to honor and celebrate Irish heritage.

There are many Saint Patrick's Day parades throughout the United States. The first one appeared in Boston in 1737, and the second in New York, in 1762. Starting in 1962, Chicago colors its river green to honor this day!

Although blue was the color first associated with Saint Patrick's Day, now, green is the color that most people wear to celebrate.

You don't have to be Irish to partake in this day, so be sure to wear some green!

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International Women's Day: a day of powerful voices, advocacy, and change in the realm of feminism. Many might not even know the date of this international holiday, despite it being a symbol of how far the women's rights movement has come. In celebration of this important day, we bring you a brief history of International Women's Day to leave you saturated with information:

had to deal with.

### **NYC Participatory Budgeting**

#### BY: COOKIE STOTZ

Each New York City resident is represented by one of the 51 City Council members.

Without context, it is hard to understand what this entails. The city council sounds like a government entity with no connection to you as an individual, but this couldn't be further from the truth. The council has a unique system within it; the Participatory Budget.

The Participatory Budget is a pool of 1 million taxpayer dollars from the district set aside solely to be used for what the district members wish for. It is "a citizen engagement

process through which community members decide how to allocate a portion of a public budget", according to Hud Exchange. Each member of the district has the opportunity to submit a proposal for where the money should be allocated; hence the "participatory" title. After a period of time (usually several months) that var- for the district and its ies by district, the oppor- members." tunity to submit a proposal is closed; but this is not the end of public participation. The proposals then go through a process of elimination. This happens through Participatory Budget Meetings. Any district member who chooses to attend the Participatory Budget meetings has the

opportunity to have a direct impact on where the money goes. These meetings are filled with spirited debate and compromise. An anonymous Participatory Budget meeting attendee attests that "the beauty of the participatory budget is how community members come together to reach the best decisions

Once the pool of proposals is narrowed down to 10 options over the course of several monthly and bi-monthy meetings across 4 months, the district undergoes a 9 day voting process. Since proposals in the decisions within range from \$5,000 up to \$600,000 oftentimes there are multiple pro-

posals chosen to use the entire district budget.

It is particularly important to raise awareness for the Participatory Budget as it is an opportunity for district members to decide exactly what they want to see changed in their district. District members know best about what needs changing in the district. Any district member over 11 years of age has the opportunity to partake in this process! If you are interested in the Participatory Budget and your district's schedule, contact your local city council person and see how you can take part your district.

# **A Toast to International** Women's Day

### **BY: VASILISA** LASKOVA & LABANYA BIST

The beginnings of International Women's Day can be traced to the rumored protests of 1857 and confirmed protests of 1909. A symbolic urban legend tells the story of protests on March 8, 1857. held by women to demand better working conditions, higher wages and shorter work hours. In the 1909 Garment Workers' Strikes, women protested against the challenging working conditions, low wages, and sexual harassment they

The combination of the urban legend of 1857 and protests of 1909 led American activist Theresa Serber Malkiel to propose the concept of National Woman's Day (yes spelled like that). German Socialist Luise Zietz was inspired by Maliel and other American activists. He further championed the idea of Women's Day and was quickly supported by fellow German socialists

and activists Clara Zetkin and Kate Duncker, along with 100 delegates from 17 countries. These delegates agreed to the idea as a means to continue promoting women's rights.

The Socialist Party of America held the first National Woman's Day on February 28, 1909, but, at this point, the day was yet to be recognized on an international level. This changed when Clara Zetkin encouraged the idea of an International Women's Day to commemorate the anniversary of past strikes at the 1910 International Socialist Women's Congress in Copenhagen Zetkin's crucial encouragement led the International Socialist Congress to create an international version of the national holiday. On March 19, 1911, the first International Women's Day was officially marked and celebrated in four European countries: Austria, Denmark, Germany and Switzerland, and the US. More than one million people attended rallies in Europe marking this day as historically important. International Women's Day grew in popularity, celebrated in more countries on various dates in the ensuing years

In 1913, International Women's Day was recognized in Russia for the first time. On February 23, 1917 (equivalent to March 8, 1917 in the Russian calendar), women in St. Petersburg, Russia, staged a strike to protest food shortages, poor living conditions, and World War

I. This strike for "bread and peace" was a departure from earlier protests through increased intensity, and helped give rise to the Russian Revolution of 1917. The revolution led to the abdication of Tsar Nicholas II on March 15 (March 2), 7 days after the strike. The power shifted to the Russian Provisional Government, which granted women the right to vote and stand for elections in July of 1917. Russian women's demands during the 1917 strike led the Soviet Union to adopt March 8 as the official date for International Women's Day by the Soviet Union.

In 1922, International Women's Day reached China, and March 8 was declared a "half day of work" for women. The concept spread all over the world, and in 1975, the United Nations officially began celebrating International Women's Day and marked 1975 "International Women's Year". In 1977, the UN proclaimed March 8th as the UN day for Women's Rights and World Peace. International Women's Day has been celebrated on March 8th ever since.

of International Women's Day, we want to highlight one of the most incredible women of the 21rst century:

Greta Thunberg is the star of this show. She is an influential and determined climate change activist and is constantly protesting and debating for a better future for our

generation. She is fearless, determined, and intelligent. She inspires many generations to bring about change. Greta Thunberg was born on January 3rd, 2003 in Stockholm, Sweden. She was diagnosed with Asperger's Syndrome (a developmental disorder that's part of the autism spectrum disorder, characterized by difficulties in social interactions but with normal intelligence and language development) around the age of 12. Even with the encounter of criticism, Thunberk didn't let outside judgment impact her drive to influence others and better the world as a climate activist. She started campaigning in her school, and later traveled around the world to spread awareness about climate change. She does not travel by plane, and instead sails across oceans in a boat to protect the environment. She does everything she can to decrease her carbon footprint. Thunberg has been arrested for speaking out and protesting many times by the authorities. However, she always stays true to her motive and keeps campaigning no matter what. In further recognition Thunberg was named Time's Person of the Year in 2019, the youngest person in history to be named the person of the year. She is always trying to convince the younger generations to join her movement to convince older generations currently in power to put climate change as top priority.

The Spanish Column Editada por Abril De León

### **Clinton Va A Costa Rica!**

### POR: MEGHAN RYAN

No hay una palabra que me guste más que...;Viajar! A las tres de la madrugada y con mucho ánimo, un grupo de treinta y tres estudiantes y cinco maestras de Clinton embarcamos al aeropuerto de LaGuardia con destino a San José, Costa Rica. Nosotros ya habíamos esperado casi un año desde que confirmamos que íbamos a ir así que había mucha ilusión.

Al llegar a Costa Rica llegamos al aeropuerto y conocimos a nuestra guía costarricense Priscilla. Ella fue la guía del grupo durante la semana que estuvimos allá. También conocimos a nuestro conductor Luís, un señor de pocas palabras pero muy generoso.

Una vez en Costa Rica, comimos un rico almuerzo de arroz, frijoles, verduras y pollo en un restaurante al aire libre. Durante la comida tuvimos el gran placer de ver pavos reales caminando por el restaurante



Photo Credit: Clinton Staff // The Clinton Post Staff

y pudimos ver otros tipos de aves que cantaban porque buscaban emparejarse.

Llegamos al hotel después de haber viajado por trece horas. Estábamos cansados pero felices. Comimos un plato de pasta y descansamos porque al día siguiente ya arrancamos hacía nuestro próximo destino: Monteverde.

En el camino a Monteverde, paramos en dos sitios. Uno de los lugares donde paramos fue un lugar para aprender sobre el proceso del café. Aprendimos cómo se cultiva, el proceso de preparar los granos de café y

probamos el rico sabor del café costarricense. En Sarchí, tuvimos la oportunidad de probar otras comidas y verduras típicas de Costa Rica. ¡En mi opinión, fue el mejor pollo frito que he probado en la vida! También fuimos a una tienda de regalos y fuera del edificio había dos tucanes en su hábitat natural. Por la tarde

llegamos a Monteverde. En Monteverde, nos dividimos en dos grupos: octavo grado y noveno. Salimos a comer helado, fuimos al supermercado y de compras... quise decir a practicar español :) ... Me en-

canta probar el helado y las frutas de otros países porque el sabor es muy distinto al de los Estados Unidos.

Costa Rica y Monteverde en particular es un sitio conocido por sus microclimas y el ecoturismo. Hicimos varias excursiones dentro de los bosques tropicales incluso buscando insectos y animales venenosos de noche. Durante esta excursión, los diferentes grupos tuvieron linternas, pasaron por senderos y encontraron arañas y termitas. (¡Algunos estudiantes comieron estos insectos, pero no me pudieron convencer!)

Hacer canopy fue haber participado. nal donde pasamos



**The Spanish Column** Editada por Abril De León

Vimos caimanes, pájaros exóticos, reptiles curiosos y otros animales. En mi opinión, fue una de las mejores excursiones del viaje. Una de las experiencias más votadas como la favorita fue el tour de ziplining. una experiencia única donde volamos a cientos de metros de altura y podíamos disfrutar de las impresionantes vistas del bosque. Yo tengo miedo a las alturas pero me atreví y estoy muy feliz por Después de unos días en Monteverde, fuimos al Volcán Areapenas un día. La vista del volcán fue preciosa. Lo único malo es que llovió a cántaros. Llueve mucho en el bosque húmedo aunque era la estación seca en Centroamérica.

Los últimos días los pasamos en Sarapiquí, un pueblo pequeño a unas dos horas de San José. El hotel bambú es muy bonito e interesante. El hotel estaba al aire libre y había mucho sitio donde andar. En el hotel había un restaurante, hicimos una lección de baile y pudimos pasar tiempo con los amigos. ¡Fue increíble!

El último día en Costa Rica fue un día lleno de actividades. Primero, nos despertamos a las seis y media de la mañana (como todos los días). Fuimos a una linda experiencia en un sitio de frutas y dulces caseros. Probamos varios tipos de frutas como el maracuyá o la chinola, el mango, la piña, la guayaba, la guanábana y muchos más. Después, pasamos por el bosque tropical de Santa Elena dónde tomamos un teleférico por las nubes. ¡Fue una pasada! Después viajamos hacia San José. Llegamos al hotel y nos alistamos

muy rápido para una cena y noche de baile. Estábamos arriba de la ciudad con una vista impresionante de todo San José. Ver los bailes folclóricos fue una experiencia única e inolvidable.

Al día siguiente nos despertamos a las tres de la madrugada y nos despedimos de Costa Rica con una sonrisa y diciendo <<;Pura vida!>>. Viajar con estudiantes ha sido un sueño que siempre he tenido y me alegra haber podido darles a los niños la experiencia que tuve cuando era estudiante. Sin duda este fue un viaje inolvidable.

Photo Credit: Clinton Staff // The Clinton Post Staff



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