## The Clinton Post Celebrating 10 Years!

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# **Empowering Asian American and Pacific Islander Voices**

#### BY: AAROHI KARNAVAT

Asian American and Pacific Islander Heritage Month (AAPI Heritage Month) is a yearly commemoration starting May 1st and ending May 31st. The celebration acknowledges the significant historical and cultural impacts made by individuals and communities of Asian and Pacific Islander heritage within the United States. This observance encompasses a diverse range of cultures originating from the entire Asian continent, including East, Southeast, and South Asia, as well as the Pacific Islands of Melanesia, Micronesia, and Polynesia.

Here are a few notable achievements of Asian American and Pacific Islanders. Mabel Ping-Hua Lee was an American activist and minister. She led the women's rights movement, campaigned for women's suffrage, and even led a parade of nearly 10,000 people through New York. In 1921, She was the first Chinese woman to earn a Ph.D. in economics.

In 1964, Patsy Takemo



Photo Credit: Gonzaga University // Clinton Post Staff

legislative measures to reform the US education system, including the Early Childhood Education Act and Title IX of the Education Amendments of 1972.

Ellison Onizuka was the first Asian American and the first person of Japanese origin to fly in space. As a NASA astronaut, engineer, and test pilot for the Air Force, he flew his first mission in 1985 on the Space primary robotic arm operator aboard the Space Shuttle Columbia.

At Clinton, the Asian Student Union (ASU) meets every Thursday at 3:30 pm. Abigail Dabu, a member of ASU, states that "their mission is to create a safe space for AAPI students and for others who want to respect the community...we do multiple bake sales and have raised money to give to organizaAsian snacks each week and all bond together. We have also changed the playlist this month to play songs from AAPI artists. It is a great way to share and promote these artists with the Clinton community."

**Recognizing Asian** history and people promotes a more inclusive and comprehensive understanding of the world. It allows us to appreciate the complexities of different societies and their unique perspectives. It helps challenge Eurocentric narratives and biases that have often marginalized Asian experiences. Recognizing Asian history also fosters cultural appreciation and respect. By acknowledging the contributions and achievements of Asian people, we can celebrate their diverse traditions, languages, religions, and artistic expressions. This recognition contributes to a more inclusive society, promoting empathy, understanding, and the breaking down of stereotypes.

In 1964, Patsy Takemo- to Mink, an American at- torney and politician from Hawaii, was the first woman of color and the first Asian American elected to the US Congress. She was instru- mental in introducing various	Shuttle Discovery. In 1997, NASA astro- naut and mechanical engineer Kalpana Chawla made history as the first woman of Indian origin to go into space. She was a mission specialist and	tions who are working against Asian hate crime[s] and to support the elderly." Elly Lau, co-leader of ASU, says "it is a great club to join to learn more about the AAPI com- munitywe bring different	
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## **Clinton Students Participate in the 47th Annual Five Boro Bike Tour**

#### BY: SIERRA SEETIN

On Sunday, May 7, nine Clinton students biked throughout the five boroughs alongside 32,000 other New Yorkers for the Five Boro Bike Tour. 47 years ago, 50 students pedaled throughout all five boroughs in a single day. It was the first Five Boro Bike Tour, which started with humble beginnings: 250 total riders. While this is a longstanding tradition, this is the first year Clinton students have been offered to participate in the tour. In order to prepare for the 40-mile tour, students needed to train for four weeks to build their stamina. Bike New York held training sessions every Sunday in April, supplying helmets, bikes, and refreshments. These accommodations were all made possible by the support of TD Bank, who has been sponsoring the event since 1992.

The goal of Bike New York's Education Program is to teach more students how to ride bikes as well as making bikes accessible to New York public schools. The organization has sent 100 bikes to the Clinton school, which are gradually being incorporated into the physical education curriculum and have incited the formation of the Clinton Bike Club. Ms. Kim, the club's advisor and 10thgrade math teacher, hopes the club will be passed down each year and promote a sense of community among the bikers. This is part of a larger initiative that is impacting multiple high schools throughout New York, titled the Five Stage Strategic Plan for



to the builders: "Thank you all for being here today and your dedication. You are helping make the difference." Thanks to the Bike New York and TD Bank's efforts, New York is on its way to becoming a greener and more traversable city.

#### Photo Credit: Marathon Foto // Clinton Post Staff From left to right top to bottom: Mason Fahey, Matthew Hui, Spencer Kluger, Xylia Barouch-Hebb, Cleo Scholz, Sofia Tokarczyk, Lauren Napier, Noam Ramot, Joshua Finkelstein

Bike New York, established in January 2018. According to Bike New York, the motivation for this initiative is helping a large population of students who suffer from asthma and obesity, so learning to bike would promote a "healthier, more active and productive city." On April 12, Bike New York held a bike-building event in the Clinton gymnasium. Alongside TD Bank employees, Clinton students Mason Fahey, Joshua Finkelstein, Liliana Kagawa, Suwanee Li, Evan Paradiso, and Sierra Seetin worked together to assem-

ble the 100 bikes. All in high spirits, the team completed the work within three hours. In an interview with Evan, a junior who worked on the team with the Department of Transportation, he stated that he felt "honored to be there helping everyone out... working together for the community... Thank you TD Bank and Bike New York for everything you've contributed to all the kids you're helping teach to ride bikes". At the bike build, CEO of Bike New York Ken Podziba gave an inspiring and motivational speech

# **Hollywood Productions Halted!**

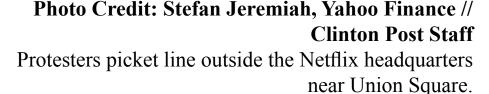
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#### BY: LOLA HOROWITZ

On the streets of Manhattan and outside of the Warner Bros. headquarters, Paramount, Netflix, Sony, and other major production studios, protests have erupted in demand of fair compensation and working conditions for screenwriters.

On May 2, the labor peace in the entertainment industry was ruptured. Protests have sent late-night talk shows into reruns. Saturday Night Live has canceled its episode debuts. Production has halted on many popular television shows like Stranger Things, Family Guy, Cobra Kai, Good Omens, and House of the Dragon. The Writers Guild of America (WGA)—the alliance of two labor unions representing film, television, news, radio, and online writers—went on strike after tense negotiations with the Alliance of Motion Picture and Television Producers (AMPTP)—the entertainment industry's official collective bargaining representative, negotiates of motion picture and television producers. For the past six weeks, screenwriters have engaged in the existential fight for the future viability of writing as a career. Ever since the pandemic exacerbated the streaming revolution spurred by Netflix, writers have been driven out of commission, received unfair pay, and staffed into proliferating



mini-rooms—hiring two or three screenwriters for a television production on a short-term basis, replacing the traditionally larger writers' room. Controversy has arisen since the streaming of shows developed in mini-rooms aren't guaranteed. Writers participating in these unsupported projects that may not even air are gambling for their jobs. Increasing the minimum compensation for writers is one issue being hashed out between the WGA and the AMPTP. Strengthening the protection plan would ensure writers are paid fairly for jobs exceeding two and a half weeks. Netflix has received the most backlash from protesters. The easy access to subscription on-demand binge-viewing has replaced the cable era and made it difficult for writers to find well-paying, long-term jobs. The company functions on licensing agreements and

reruns, producing limited original work. Streaming platforms threaten the existence and sustainability of writing as a career by substituting it with preexisting films. Danny Strong, American director and actor, said in a Showcase Interview, "Streaming has changed everything...the current pay system is outdated and this should've been addressed three years ago but because of the pandemic the writers still very graciously chose not to fight this battle because we were all in the middle of a world-wide calamity." Social media has been circulating with witty protest signs like "Wrote Chat GPT This," "A.I wrote the this sign," and "Write your own si—". In solidarity, over 11,000 movie and television writers have resigned after AMPTP denied all negotiations concerning wages, according to NPR.

The last Writers Guild of America strike spanned from 2007 to 2008, where screenwriters waged war against the AMPTP over fair compensation for media shared through the internet and cellular devices. If protests now are any reflection of what prolonged in the past, the 2023 standoff could last months, temporarily hindering television production and permanently impacting Hollywood's reputation.

## **Artificial Intelligence in Education**

### BY: MADELEINE PILLA & AAROHI KARNAVAT

AI, or artificial intelligence, is a form of technology created to imitate human behavior, in terms of our ability to take in new information, understand, and make decisions. AI as a field pushes the boundaries of evolution, growing and adapting to the point where it doesn't just mimic human intelligence, it surpasses it. In recent years, there has been a dramatic shift in AI accessibility. What used to once be limited to advanced technology and STEM fields has now been incorporated into all walks of life, bringing numerous advancements and benefits across various domains. Now, AI isn't just found in robotics and programming, it has worked its way into warfare, surveillance, art, agriculture, entertainment, medicine, and even education.

In the past few months, AI has become very topical as it has worked its way into the lives of students. In many ways, artificial intelligence can enhance student learning; for example, by generating study prompts, correcting grammar, and supporting students in developing their work further. It also has the potential to lighten teachers' workloads, giving them the opportunity to take better advantage of time spent with their students. According to the World Economic Forum, "In Lagos, Nigeria, teachers are beginning to see the efficiency and ease that AI brings to their work... [a teacher in Lagos and founder of Schoolinka, an educational AI company] is currently seeing an increasing number of teachers from across West



**Photo Credit: The Clinton Post Staff** AI art created using the prompt: Artificial Intelligence in Education.

Africa using AI to identify children's literacy levels, uncover where students are struggling, and deepen personalized learning experiences." These advancements, however, come at a cost. One significant cost is academic honesty. The progression of AI has presented a grave threat to the authenticity of student work and the structure of our school system. This is specifically due to the AI program ChatGTP. According to ZDNET, "ChatGPT is a natural language processing tool driven by AI technology that allows you to have human-like conversations and much more with the chatbot. The language model can answer questions and assist you with tasks, such as composing emails, essays, and code." Across the country, students have been discovering this platform, taking advantage of its capabilities, and using it to cheat on schoolwork. Not only are these students supporting technology with unprecedented potential consequences, but they are also pressuring their peers into ethical inter-

nal conflict. An anonymous junior at Clinton said, "The growth of ChatGPT has left me in a place feeling unmotivated to complete any assignment...my peers who use ChatGPT to do their work get easy 7s where I have to work a lot harder than them to attain the same grade. It makes me feel like I am wasting my time." Teachers and students are also significantly affected by AI's growth in schools and are even under pressure to change their curriculum and class conduction. Ms. Liimatta, IB Language and Literature teacher commented, "To me it is dishonesty, and I would like to see a way to handle it. I think all teachers are grappling with this and I don't think anyone knows for sure how this is going to come out... This is going to be a conversation that is going on for years in the future because students have it and they are clearly using it." However, at the same time, there are other people in the Clinton community who support the rise of AI in education. According to another anonymous junior, "AI helps me

brainstorm ideas for work I need to write later. If you're stuck or busy and have no idea what to do, AI can be a useful tool."

Despite this steady growth of global AI adoption and abuse, the United States has placed no comprehensive federal legislation on AI obligations for organizations. Elon Musk and other artificial intelligence experts and industry executives are calling for a six-month pause on AI developing systems. While this proposal is debated, and the future of AI remains unknown, many people work towards AI-detecting technology that, while advancing at a slower rate than AI generators, is becoming more effective every day. In the meantime, the choice to use AI, especially in school, is an ethical decision where there is nothing but ask students to step back and consider the ways that supporting and abusing this technology will affect their own lives and development, as well as the role it plays in the global community, and the consequences it can have on all of our futures.

## Intorast Ratas on the

## Interest Rates on the Rise, More Banks Collapse; What's Next?

**NEWS** 

#### BY: CHIARA MOINE

As of May 3rd, 2023, the interest rates were once again raised by the Federal Reserve (Fed) for the 10th time in the past year and the second time in 2023. The rise in rates, now between 5 and 5.25% have elicited an uproar within the finance and banking world, making it the highest the country has seen since the middle of 2007. That was right before the great recession of 2008; so, what is next for the United States and its fluctuating economy?

The Fed is continuing to raise the interest rates to try and counteract the inflation rate that has been steadily increasing for the past year. Inflation is at 5.2% as of April of 2023, but this number fluctuates monthly. When the interest rates increase, people tend to stop making major purchases, including homes, vehicles, and personal loans. Additionally, interest rates and bond prices are inversely proportional. This means that when interest rates increase, the value of bonds decreases which means that



wonder what will happen next.

#### Photo Credit: The Clinton Post // Getty Images

bonds are worth less and people will buy less of them because they have a lower cash return and value. According to Michael Crespi, the head of sales at Moness, Crespi, Hardt & Co. Hedge Fund, "This is major because we have not seen interest rates increase like this in years and we don't know how this is going to affect the purchasing of bonds and the rest of the stock market." There is a lot of uncertainty and unease; however, Jerome Powell, Chairman of the Board of the Fed, recently stated that the most recent increase will be the last one for the foreseeable future. Additionally, First Republic Bank, another midsize bank, failed and received a \$30 billion loan from some of the largest banks in the US, including Bank of America and Citibank.

This was not long after two other California-based banks, Silicon Valley Bank and Signature Bank, experienced bank runs in late March. When a bank has a run, it means that too many of its clients withdrew their funds at the same time and the bank was not able to provide the liquid cash. According to the New York Times, "First Republic announced late last month that it had lost an eye-popping \$102 billion in customer deposits." The \$30 billion that was loaned will only go so far until the bank balances itself out again. Soon after the collapse of First Republic, JP Morgan Chase had to acquire the bank to contain it from free falling and having other banks follow suit. JP Morgan also did this during the 2008 financial recession, which is causing people to be wary and

NEWS

## New Trial Combines mRNA to Immunotherapy Cancer Treatment to Fight Melanoma

#### BY: ANJA DAMON

On Sunday, April 16th, stage 2 of a new clinical trial was presented at the American Association for Cancer Research's annual meeting. The clinical trial, funded by Moderna, combines mRNA and pembrolizumab, a type of immunotherapy, when tackling melanoma cancer.

Immunotherapy is a form of cancer treatment that has been in use for decades. The treatment boosts the immune system to help it recognize and destroy cancerous cells. In helping the immune system fight cancer naturally, the treatment, in some cases, has been much more effective than others.

An immunotherapy called checkpoint inhibitors is commonly used for melanoma, a deadly skin cancer. The immune system is able to differentiate between normal cells and cancerous cells by using PD-1 proteins, known as "checkpoints", that are found on T-cells, a type of white blood cell in the immune system. PD-1 proteins play a role in keeping the immune system in check by regulating its response to infection, such

as cancer. However, melanoma is deadly dangerous as it targets these checkpoints in order to avoid an attack from the immune system. Checkpoint inhibitors target and block PD-1 proteins to help restore the immune response against melanoma cells.

The three types of checkpoint inhibitors include ipilimumab, nivolumab, and pembrolizumab. In a trial, recently developed by many research doctors, pembrolizumab is combined with a vaccine called messenger RNA (mRNA).

mRNA teaches the immune system which cells are cancerous and which are not. It is a personalized vaccine that takes a piece of a cancerous protein found on a cell and creates an mRNA vaccine that corresponds to it. The personalized vaccine is then injected into the body to target the cancerous proteins and attack the cancer. While the public was most likely introduced to mRNA from the then newly-developed COVID-19 vaccines, scientists have been playing around with mRNA for decades, looking for ways to use it to prevent and attack

diseases. One of its most successful uses is presented in this melanoma trial.

In stage 2 of the trial, an international team of doctors gathered 157 melanoma patients who had had their cancerous tumors surgically removed. Out of the 157 patients, 50 randomly selected people received the standard treatment of pembrolizumab immuno therapy. 107 patients received a combination of pembrolizumab and mRNA.

In selecting patients who have had their tumor removed, doctors were able to use a blueprint from the patient's tumor and analyze the neoantigen proteins (a new protein that develops on cells when cancer appears) in order to personalize a vaccine for each patient that would turn one's own immune system against the cancer. The vaccine then took about 6 to 8 weeks to develop for each patient. It could recognize as many as 34 neoantigens. According to NYU Langone Health, Dr. Jeffrey S. Weber, a contributor to developing the trial and the deputy director of Perlmutter Cancer Center at NYU Langone states, "Our

phase 2b study shows that a neoantigen mRNA vaccine, when used in combination with pembrolizumab, resulted in prolonged time without recurrence or death compared with pembrolizumab alone".

While the mRNA treatment was found to have side effects, the most common being fatigue, the long-term hope of cancer never returning is worth it for many.

Phase 3 of the trial in which mRNA and pembrolizumab are combined for all patients is already planned at NYU Langone and at many other medical facilities, where it will, over the next few years, turn into a much larger clinical trial before it is commercially available. As this is the first randomized, controlled trial to show improvement in preventing cancer recurrence, researchers are hopeful for the cure for melanoma and possibly other cancers.

## Breaking Down Apathy, Building School Spirit

#### BY: SOFIA FIGUEROA

This spring semester, there has been an increase in school-sanctioned trips and events. So far, the general consensus is fairly split. It's either: students don't care or it's exactly what they've been looking for. I'm on the more positive side of the spectrum.

From March to May, the junior class visited Wesleyan University, a City University of New York (CUNY) City Tech lab, the Prospect Park Zoo, and LeFrak Center for roller skating, not to mention the Vegas Night dance on May 19th and the Six Flags trip on June 5th. These trips and events are fitting for the end of the school year as students get ready for summer. It feels like I'm inching towards the finish line and these trips are a nice reminder that the pressure from school will soon be over.

This increase in

toward school-related engagements which has had some discouraging impacts. For example, back in January, there was supposed to be a Homecoming dance for the juniors and seniors; however, not enough tickets were purchased in advance so it was postponed. To me, this situation was just sad and it must have been disheartening for the planners. However, I also understand that a majority of students just aren't interested in dances. Dances tend to be very awkward and most people would rather get away from school, not spend more time in it.

Following the disaster of the Homecoming dance, the student council worked tirelessly with the administration to roll out the May 19th Vegas Night dance for all grades. There were flyers around the school and Instagram posts that heavily promoted the event. Student council truly cares about the spirit at Clinton and I applaud their determination despite the apathetic response they receive from the student body. Regardless, this dance was fairly successful and I think it's a step in the right direction if students want Clinton to feel connected and fun. It seems to me that part of the reason why

events and trips at Clinton are so difficult to organize is because of the student body. I've noticed that students constantly beg for more trips and events, but when they're handed to us on a silver platter, no one seems to want them anymore. I just think it's ridiculous that students want more spirit and they wish to feel more connected to Clinton, but when they're given the opportunity to close that gap, they don't take it. For example, the juniors finally got a Six Flags trip planned, but it took poking and prodding to get enough kids signed up so we could go at all. At this point, I'm unsure if it's just disinterest, or feeling like we're aging out of school trips, but if we want our school culture to change then students have to make an effort and nurture it because no one else is going to do that. It's not magic, it takes real people to organize and real people to enjoy what's been planned. So far, this increase in school trips and events has proven to be a little difficult but at least the smaller trips around the city are going alright. In the future, I just hope students are more excited about bringing spirit and liveliness into the building because it

creates a better atmosphere for everyone, and the whole "I don't care" thing is getting old.

trips and events is nice considering that the pandemic halted them for quite a while and it's taken some time to bounce back. However, I think the absence of trips has left students– especially the junior class–feeling disconnected from their peers and school culture. I think this disconnect has created an apathy **OPINION** 

# Ready, Set, Pedal: Clinton Takes on the 5 Boro Bike Tour



#### BY: SPENCER KLUGER

On a warm Sunday morning, nine Clinton students, accompanied by Ms. Kim, participated in the 5 Boro Bike Tour. The 5 Boro Bike Tour has existed for 45 years with the goal of a fun and active day on the roads of NYC without cars. Weaving in and out of the five boroughs, over 32,000 riders attended the tour which was hosted by Bike New York. Bike New York is a NYC based non-profit which focuses on bike education and removing existing barriers to cycling. They work to build stronger and healthier communities through cycling by offering free courses, access to bikes, and more. Recently, through one of their programs over

**Photo Credit: The Clinton Post Staff** Clinton students who participated in the 5 Boro Bike Tour.

100 bikes were donated to Clinton. I'm sure you saw them in the gym, basement, and stairwell!

While riding in the tour, I had the opportunity to talk about a bike-oriented city with our ride leader Ben. With Bike New York, Ben helps to expand access to bicycling, and wishes that the city would do more to help. He said he bicycles almost every day, and prefers it to other forms of transportation. Furthermore, biking can even be faster than driving. According to a NYC Department of Transportation report, biking is, in many instances, more efficient than driving. In the report, it was stated that a two-mile long trip takes over 21 minutes by taxi, but only 14.5 minutes on a bicycle.

Biking has many additional health benefits such as strength, coordination, emotional well-being, and lung health. In a city like NYC, where many people spend most of their days sitting down, biking can be a good, healthy way to take a break or commute. Ben said that he wishes the city would further expand bike paths, reducing the number of cars (and pollution) present. In having further access to bike paths, more people would feel incentivized to ride bikes, which would lead to a healthier, more active city. Overall, the tour was a day of great fun, exercise, and bonding.

Many students who did not participate have expressed interest in riding next year, where we will undoubtedly have a larger team.

# **Excitement in the NFL - Rodgers is Traded to Jets**

#### BY: LUCIA SANTIAGO

On April 24, fourtime NFL MVP Aaron Rodgers was traded to the New York Jets, from the Green Bay Packers.

Aaron Rodgers has been playing for the Packers for 18 consecutive seasons, as their starter quarterback. He has had 10 seasons of 4,000 or above total passing yards and has thrown 475 touchdowns for the Packers. As a starter, Aaron Rodgers helped the Packers earn eight NFC North Titles in 15 seasons. He was able to take Green Bay to earn the No. 1 seed in the NFC playoffs in 2020 and 2021.

Despite Aaron Rodgers being one of the best quarterbacks in the NFL, he was traded away to the Jets under extensive terms.

The terms of this deal were that the Packers send quarterback Aaron Rodgers, 2023



Photo Credit: Getty Images // Clinton Post Staff

reason, he's considered a risky trade. In the previous season, he has thrown 12 interceptions, which is the highest amount since 2008.

In addition to this, he's been a controversial figure recently. In the 2021 season, Rodgers claimed he was "immunized" against COVID-19 to mislead the public and the media. In reality, however, he didn't want to take the Johnson & Johnson vaccine and was allergic to the Moderna and Pfizer vaccines. He instead claims to have had an "immunization process through a holistic doctor." He also could potentially only play one more season, making him a large investment that might not fully pay off. However, the Jets desperately need a player like him - the team started 7-4 last season and ended their season with 6 losses in a row. They also haven't been

to the playoffs in 12 years. These losses are due largely to their quarterbacks Zach Wilson, Joe Flacco, and Mike White. The Jets are considered a good defensive team, and many strong offensive players, so they would be greatly benefitted on offense by Rodger's addition.

On the Packers' end, they have had backup quarterback Jordan Love and he will take over as the starting quarterback. Love has been Rodger's backup for three seasons, and it was largely assumed he would take the starting position one day. "He wished me the best, and said he'd always be there for me if I need anything or have any questions," shared Love when discussing the conversations he had with Rodgers after the trade was finalized. "I will always be grateful to be around him, and the time I had with him where I was able to learn and be behind him. I'm

very grateful for it."

first- and fifth-round choices (Nos. 15 and 170) to the Jets for 2023 first-, second- and sixthround picks (Nos. 13, 42, and 207) from the Jets. A conditional 2024 second-round pick becomes a first-round selection if Rodgers ends up playing 65 percent of the plays.

Rodgers is now 39 years old, and for that

### 2023 Met Gala Review

#### BY: CHIARA MOINE

This past month was the 75th annual Met Gala! For many, the first Monday of May is a big deal because it is one of the most exclusive events in the world and star celebrities dress up in accordance with the yearly theme. For the 2023 Met Gala, the theme was "Karl Lagerfeld: A Line of Beauty" in honor of the late designer. Lagerfeld worked at a handful of fashion houses, including Chloe, Fendi and Balmain, but mostly known for his work at Chanel. Some clear themes of the night were black and white, preppy, big bows, and lots of tweed. Read ahead to see some of the best and worst dressed celebrities of the night!



#### Me-WOW!

Doja Cat went for the unusual route of making the homage to Lagerfeld's dear kitten, Choupette. Dressed in Oscar de la Renta, she walked the carpet with prosthetics on her face to truly embody the feline look. The dress consisted of a white hooded backless gown with a feather train.





#### All Pinned Up

Anne Hathaway dawned the carpet styled in this unique Versace safety pin dress. It combined a risky, rocker look and famous Versace gold accents with the quintessential preppy tweed that Chanel is famous for. It was very well done and not many people could have pulled this look off. A beautiful hybrid of such iconic designers.



## **Advice Column**

Now that it's warming up I'm scared to go into the gym because of the cockroaches that come out. Any Survival tips?

MAN UP SOLDIER! Your time to get pumped can not be stopped by small insufferable insects! Step 1! You must defeat the science teachers in a Kahoot in order to be rewarded with a lab coat and goggles. These goggles will save your eyes from any attacks the roach might launch and the coat will protect your skin. Step 2! You must break into the janitor's closet and grab two bottles of bleach and a mop. Step 3! You might complete your extended essay and have it graded by Ms. Carniaux with at least a 7 in order to be rewarded gloves to protect your brave hands from this pathetic roach. ARE YOU LISTENING SOLDIER? Step 4! Now finally you can make your way into the gym. You should use your bleach-drenched mop as your weapon to stalk out and murder your prey: the roaches. After you have completed your noble quest, you should then proceed to run ten FitnessGram Pacer Tests in a row in your equipment supervised by Mr. Jacobi, who will report back to me on your results. Best

get done" - 2016 Vine. Now, allow me to give you some reasons as to why you should be motivated to finish your work. Um, hello? Summer's around the corner! If you can bust out your work in these upcoming few weeks, it'll be smooth sailing for two months! Well, relatively smooth sailing considering the extended essay, college applic- never mind, don't worry about that. My final note is that now and throughout the rest of your life, you must work hard. If you don't start with these Hawk Habit points now, then how will you get your projects in on time for a job? Push through, Clintonians because after high school, you can do a job that you love or rather a job of your choice. Oh and if you don't do your work, you'll go to summer school so there's that. —All mighty out

#### Thoughts on Jorts?

Ahh well how far is too far? -All mighty

SOS my sleep schedule is broken. I've been staying up too late. What are the safest places to nap in?

This is an interesting question. Considering you're already one to sleep on the floor I would say you can begin with the bathroom sink. Everyone will really appreciate how your body will take up the whole sink and make sure no water spills. The next place I would recommend is the bathroom floor in the big stall. You can cozy up there next to the leftover toilet paper and other items or substances that might be there.

#### **Camellia Love**

Olivia Rodrigo debuted in a Thom Browne gown with details of camellias, a staple of Chanel that Lagerfeld made famous. Chanel is known for its camellia accents on many of their ready to wear, as well as handbags and accessories. The sleek look was a favorite for many.

All photos from Getty Images

#### Under the Sea?

One of my personal least favorite outfits of the night was worn by Halle Bailey. The beautiful actress was dressed from head to toe in Gucci. The dress, so huge, it looked like it was wearing her. As well as the ruffles made the whole outfit look very cheap altogether. As well as not really representing Lagerfeld's designs in any way. of luck soldier. — All mighty out

I feel unmotivated. Help?

Hmm. Well this is a tricky situation indeed. I would like to start off by saying that at the end of the day, your motivation needs to come from your heart and unless you want to do something for yourself or a very noble cause, it probably won't get done. "If God won't do it, it just won't

-All mighty

## **Senior Advice**

BY: CHIARA MOINE

For the last edition of *The Clinton Post* for the school year, I wanted to interview a senior to receive some insight on the next few years, as well as a little advice for the incoming freshmen and sophomores. Jasper Dewitt has been a part of the Clinton community since he was in 6th grade and will be attending Hamilton College in the fall!

Chiara Moine: How would you describe your past seven years at Clinton?

Jasper Dewitt: Being with the same people for seven years has been a unique and positive experience, you really get to know everyone and it becomes a tight community. Especially through 11th and 12th grade because of the IB starting and everyone going through the same things together. It's almost like everyone struggles at the same time together which causes people to become closer. I would definitely say that I have had close friends all throughout my time here at Clinton.

JD: To be completely honest, throughout my time here, my time management skills have probably decreased because of the change in workload and the IB. All throughout middle school and 9th and 10th grade, I managed work really well and was also able to have activities outside of school. I think after that, there was so much more to do so all the work needed to be compartmentalized. This past year, it was best to manage all outside of school activities and homework, and then work on college applications and tackle the end of IB. Managing expectations is also really important so that you don't get ahead of yourself, meaning you may not get everything done the first day but you can finish it on the second. There has not always been a balance with my activities and school work, at times, one or the other had to come first. Especially this year, at the beginning I was only really able to focus on the IB and college applications. After that, I managed to do clubs and schoolwork on the weekdays and during school. And it is always important to do something for myself, like going to the gym, hanging out with friends, and keeping my weekends mostly open.

CM: What to do during summer to prepare for the school year?

JD: For incoming seniors, I would say that it was important for me to take a few days out of the summer to write my draft. It is different for everyone, especially because of the different topics and what your topic actually is, but it was really helpful for me to write it over those few days. Also, I realized that writing my college supplemental essays over the summer was helpful so that I did not have to cram them in later in the fall. But remember, it is still super important to take advantage of the summer break and not be doing too much work!

CM: Any tips on writing the extended essay?

JD: In my experience, reading different examples of EEs [extended essays] was really helpful for me because it gave an idea on what an essay with 7s across the board would look like, as well as how I could achieve that. It was also helpful to have lots of sources throughout the entire essay where I could place them. forward but something that was extremely helpful was being able to reuse essays for some schools. Instead of having to write 8 different essays for a bunch of schools, I was able to save my time and energy and only had to write a few that applied to multiple schools.

CM: Any specific advice for the incoming junior and senior students?

JD: Once again, managing your expectations will be most beneficial overall. In the beginning of my junior year, the workload was mostly chill in the first semester and then it took off really quickly in the second. For seniors, it will get worse before it gets better. After applying to colleges and focusing on IB work, it becomes much easier. Good luck!

CM: How did you balance your extracurricular activities and all of the school work? And keep up with time management?

CM: Any tips on applying to college?

JD: The Common App made it really straight-

### **Managing Board**

# Word Search

Editors-in-Chief															
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<b>Entertainment</b> Chiara Moine	TRIPS				STRIKE				TREATMENT						

### Page 13

## **Favorite Articles of the 2022-23 Year**

The Editors-in-Chief of the Clinton Post asked students to vote for their favorite news, opinion, and entertainment pieces of the year. Here's what they selected!

## **Favorite News:**

### "Immigrant Busing: An Immoral and Unsustainable **Approach to the Migration Problem**"

**BY: SPENCER KLUGER** 

Read in Issue I!

### **Favorite Opinion (TIE):** "The Taylor Swift Ticket Debacle"

**BY: SOFIA FIGUEROA** 

# **Favorite Opinion (TIE):**

### "The State of the Bigoted Union, Two Years after the Jan. 6th Insurrection"

**BY: SPENCER KLUGER** 

Read both in Issue II!

## **Favorite Entertainment:**

"Avatar: The Way of Water, the Movie of the

### Generation"

### **BY: LOLA HOROWITZ**

Read in Issue II!

Thank you so much for reading! We are so happy to have begun printing again this year and are looking forward to starting another successful year of the Post in the fall. - Arya Chawhan and Violetta Atocha, Co-Editors-in-Chief